

**Westminster Health forum policy conference:
Priorities for men's health and wellbeing in England**

Timing: Morning, Monday, 8th December 2025

*****Taking place online*****



**WESTMINSTER
HEALTH FORUM**

Draft agenda subject to change

- 8.30 Registration
- 9.00 **Chair's opening remarks**
Senior Parliamentarian
- 9.05 **Assessing current challenges and future priorities for improving men's health**
Mark Brooks, Director, Policy and Communications, Centre for Policy Research on Men and Boys; and Chair, ManKind
Questions and comments from the floor
- 9.30 **Strategic priorities for leveraging digital platforms and culturally-tailored interventions to influence men's health behaviours**
Professor Simon Rice, Global Director, Movember Institute of Men's Health
- 9.45 **Developing effective prevention strategies and promoting healthy behaviours**
options for strengthening early intervention and risk-based screening for high-risk groups / strategies to reduce stigma and barriers to care / priorities for improving mental health access and system responsiveness / developing prevention strategies that are relevant, trusted and accessible to all / priorities for workplaces and community-based initiatives in delivering sustainable long-term results / approaches to reducing exposure to modifiable risks / improving public awareness and understanding of risks to men's health
Ayela Spiro, Nutrition Science Manager, British Nutrition Foundation
Senior representative, screening
Senior representative, mental health
Senior representative, local authority
Senior representative, workplace
- 10.10 Questions and comments from the floor
- 10.35 **Shaping the future design of services for improving men's health and wellbeing**
Professor Paul Galdas, Professor, Men's Health, University of York
Questions and comments from the floor
- 11.00 **Chair's closing remarks**
Senior Parliamentarian
- 11.05 Break
- 11.15 **Chair's opening remarks**
Senior Parliamentarian
- 11.20 **Priorities for screening and tackling inequalities for at-risk groups**
Chiara De Biase, Director, Health Services, Equity and Improvement, Prostate Cancer UK
- 11.35 **Strategies for improving access, engagement and health outcomes**
examining how local and national systems can improve coordination / improving data infrastructure / application of gender-informed approaches and implications for commissioning / improving ability of messaging to reach disengaged groups / strategies for improving public awareness and trust in services / assessing factors affecting access by ethnicity, geography and income / tools for assessing impact / priorities for accountability and leadership
Senior representative, NHS
Senior representative, primary care
Senior representative, community
Senior representative, workforce
Senior representative, advocacy
- 12.00 Questions and comments from the floor
- 12.25 **Next steps for the development and delivery of the Men's Health Strategy**
Senior representative, policy
Questions and comments from the floor
- 12.55 **Chair's and Westminster Health Forum closing remarks**
Senior Parliamentarian
Jessica Lear, Westminster Health Forum