

**Westminster Higher Education Forum Keynote Seminar**  
**Priorities for student mental health: developing the new University Mental Health Charter, facilitating the school-university transition and improving co-ordination between support providers**

*Timing: Morning, Monday, 28<sup>th</sup> January 2019*

*Venue: Institution of Mechanical Engineers, One Birdcage Walk London SW1H 9JJ*



*Agenda subject to change*

- 8.30 - 9.00 Registration and coffee
- 9.00 - 9.05 **Chair's opening remarks**  
**Baroness Watkins of Tavistock**, Member, All-Party Parliamentary Group on Global Health
- 9.05 - 9.15 **Student mental health: current trends and new approaches to identifying those at greatest risk**  
**Sarah Caul**, Suicide Statistics Lead, Office for National Statistics
- 9.15 - 9.25 **Developing the new charter for student mental health**  
**Rosie Tressler**, Chief Executive Officer, Student Minds
- 9.25 - 10.00 **Transferring from school to university: key policy priorities**  
**Dom Kingaby**, Student Experience Policy Lead, Mental Health, Department for Education  
Questions and comments from the floor with **Sarah Caul**, Suicide Statistics Lead, Office for National Statistics and **Rosie Tressler**, Chief Executive Officer, Student Minds
- 10.00 - 10.30 **Facilitating the transition to higher education: building links between schools and universities and supporting first-year undergraduate students**  
**Rowan Munson**, former Member, Youth Select Committee on Mental Health and Student, Philosophy, Politics & Economics, University College, University of Oxford  
**Phoebe Lewis**, Assistant Head of 6th Form and UCAS coordinator, Portland Place School  
**Dr Denise Meyer**, Head of Wellbeing, Student Wellbeing Service, University of Portsmouth  
Questions and comments from the floor
- 10.30 - 10.35 **Chair's closing remarks**  
**Baroness Watkins of Tavistock**, Member, All-Party Parliamentary Group on Global Health
- 10.35 - 11.00 Coffee
- 11.00 - 11.05 **Chair's opening remarks**  
**Rt Hon the Lord Hunt of Kings Heath**, former Shadow Spokesperson on Health and Social Care
- 11.05 - 11.40 **Developing an effective response to mental health concerns across FE and HE**  
**Stuart Rimmer**, Chief Executive Officer & Principal, East Coast College  
**Alan Percy**, Head of Counselling Service, University of Oxford  
Questions and comments from the floor
- 11.40 - 12.30 **Mental health provision on campus: co-ordinating intervention, improving access to support and promoting the acquisition of emotional skills**  
**Professor Judith Squires**, Deputy Vice-Chancellor and Provost, University of Bristol  
**Rachel O'Brien**, Disabled Students' Officer, National Union of Students  
**Siân Jones-Davies**, Senior Associate, Eversheds Sutherland  
**Dr Nihara Krause**, Consultant Clinical Psychologist and Founder and Chief Executive Officer, stem4  
**Paul Jenkins**, Chief Executive, Tavistock and Portman NHS Foundation Trust  
Questions and comments from the floor
- 12.30 - 12.55 **Next steps for improving student mental health**  
**Yvonne Hawkins**, Director, Teaching Excellence and Student Experience, Office for Students  
Questions and comments from the floor
- 12.55 - 13.00 **Chair's and Westminster Higher Education Forum closing remarks**  
**Rt Hon the Lord Hunt of Kings Heath**, former Shadow Spokesperson on Health and Social Care  
**Sean Cudmore**, Deputy Editor, Westminster Higher Education Forum