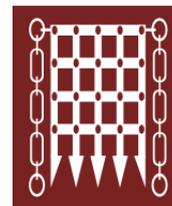


Westminster Food & Nutrition Forum and Westminster Health Forum policy conference:

Next steps for obesity policy, prevention and care in England

Timing: Morning, Friday, 15th May 2026

Taking Place Online



Draft agenda subject to change

- 8.30 Registration
- 9.00 **Chair's opening remarks**
Senior Parliamentarian
- 9.05 **Assessing obesity policy, prevention and care in England, and priorities for implementation going forward**
Professor Paul Gately, Interim CEO, Obesity UK
Senior representative, legal
Questions and comments from the floor
- 9.30 **Tackling childhood obesity - priorities for prevention, local delivery, and support**
Senior representative, childhood obesity
- 9.40 **Priorities for improving the food environment and embedding obesity prevention across national and local planning**
assessing ambitions in the NHS 10 Year Health Plan, Good Food Cycle strategy and Health and Social Care Committee inquiry into food and weight management | translating policy ambitions into practical measures | mandatory healthy food sales reporting and extension of the Soft Drinks Industry Levy | scope of advertising and marketing regulations, including outdoor advertising, digital and non-traditional channels | implications for reformulation, business practice and consumer behaviour | priorities for clear responsibilities across government, industry, NHS and local authorities | scaling place-based prevention strategies including free school meals, breakfast clubs and extracurricular activity | addressing practical challenges for local delivery and supporting consistent provision across education, family support and community settings | sharing best practice across regions and localities
Senior representative, retail
Senior representative, food industry
Senior representative, advertising
Senior representative, local authority
Senior representative, community
- 10.05 Questions and comments from the floor
- 10.30 **Advancing integrated and equitable obesity prevention and care**
Senior representative, NHS
Questions and comments from the floor
- 10.55 **Chair's closing remarks**
Senior Parliamentarian
- 11.00 Break
- 11.10 **Chair's opening remarks**
Senior Parliamentarian
- 11.15 **Evidence, guidance and priorities for obesity management**
Dr John Patterson, GP Clinical Advisor, National Institute for Health and Care Excellence
Questions and comments from the floor
- 11.40 **Key considerations for advancing technological, clinical, and pharmaceutical interventions in weight management**
evolving role of clinical and technological interventions in weight management | the Obesity Healthcare Goals Programme and Obesity Pathway Innovation Programme in supporting research, investment and access to treatment | incorporating genomics and personalised preventative care | rollout of weight-loss drugs, including access to nutritional support and patient safety concerns such as counterfeit supplies | risks of widening inequalities as the private market expands | support mechanisms for ICBs, prescribing incentives for GPs and co-ordination of treatment and prevention pathways | workforce readiness and skills for adopting genomics, AI and wearable technologies | governance, data transparency and interoperability | encouraging healthier eating and reducing reliance on medications, including access to affordable nutritious food and public education
Senior representative, innovation
Senior representative, nutrition
Senior representative, research
Senior representative, general practice
Senior representative, advocacy
Questions and comments from the floor
- 12.30 **Translating obesity care innovation into clinical practice**
Professor Naveed Sattar, Professor, Metabolic Medicine, University of Glasgow; and Chair, Obesity Healthcare Goals Programme
Questions and comments from the floor
- 12.55 **Chair's and Westminster Forum Projects closing remarks**
Senior Parliamentarian
Jessica Lear, Westminster Forum Projects