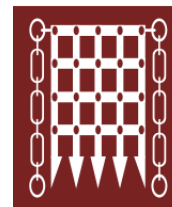


## Westminster Food & Nutrition Forum and Westminster Health Forum policy conference:

### Next steps for obesity policy, prevention and care in England

Timing: Morning, Friday, 15<sup>th</sup> May 2026

\*\*\*Taking place online\*\*\*



Draft agenda subject to change

- 8.30 Registration
- 9.00 **Chair's opening remarks**  
Senior Parliamentarian
- 9.05 **Assessing obesity policy, prevention and care in England, and priorities for implementation going forward**  
**Professor Paul Gately**, Interim CEO, Obesity UK  
**Jessica Burt**, Associate, Food Law, Mills & Reeve  
Questions and comments from the floor
- 9.30 **Tackling childhood obesity - priorities for prevention, local delivery, and support**  
**Dayna Brackley**, Partner, Bremner & Co
- 9.40 **Priorities for improving the food environment and embedding obesity prevention across national and local planning**  
*assessing ambitions in the NHS 10 Year Health Plan, Good Food Cycle strategy and Health and Social Care Committee inquiry into food and weight management | translating policy ambitions into practical measures | mandatory healthy food sales reporting and extension of the Soft Drinks Industry Levy | scope of advertising and marketing regulations, including outdoor advertising, digital and non-traditional channels | implications for reformulation, business practice and consumer behaviour | priorities for clear responsibilities across government, industry, NHS and local authorities | scaling place-based prevention strategies including free school meals, breakfast clubs and extracurricular activity | addressing practical challenges for local delivery and supporting consistent provision across education, family support and community settings | sharing evidence across regions and localities*  
**Tim Lumb**, Director, Outsmart  
**Tim Roberts**, CEO, Thrive Tribe; and CEO, MAN v FAT  
**Dr Sakthi Karunanithi**, Director, Public Health, Lancashire County Council  
Senior representative, retail  
Senior representative, food industry
- 10.05 Questions and comments from the floor
- 10.30 **Advancing integrated and equitable obesity prevention and care**  
Senior representative, NHS  
Questions and comments from the floor
- 10.55 **Chair's closing remarks**  
Senior Parliamentarian
- 11.00 Break
- 11.10 **Chair's opening remarks**  
Senior Parliamentarian
- 11.15 **Evidence, guidance and priorities for obesity management**  
**Dr John Patterson**, GP Clinical Advisor, National Institute for Health and Care Excellence  
Questions and comments from the floor
- 11.40 **Key considerations for advancing technological, clinical, and pharmaceutical interventions in weight management**  
*evolving role of clinical and technological interventions in weight management | the Obesity Healthcare Goals Programme and Obesity Pathway Innovation Programme in supporting research, investment and access to treatment | incorporating genomics and personalised preventative care | rollout of weight-loss drugs, including access to nutritional support and patient safety concerns such as counterfeit supplies | risks of widening inequalities as the private market expands | support mechanisms for ICBs, prescribing incentives for GPs and co-ordination of treatment and prevention pathways | workforce readiness and skills for adopting genomics, AI and wearable technologies | governance, data transparency and interoperability | encouraging healthier eating and reducing reliance on medications, including access to affordable nutritious food and public education*  
**Dr Ellen Fallows**, GP Clinical Advisor and Representative, Royal College of General Practitioners  
**Dr Dimitrios Koutoukidis**, Associate Professor, Diet, Obesity and Behavioural Sciences, University of Oxford  
**Professor Nicholas Timpson**, Professor, Genetic Epidemiology, Principal Investigator, Avon Longitudinal Study of Parents and Children, University of Bristol; and Co-Director, Population Research UK  
Senior representative, innovation  
Senior representative, advocacy  
Questions and comments from the floor
- 12.30 **Translating obesity care innovation into clinical practice**  
**Professor Naveed Sattar**, Professor, Metabolic Medicine, University of Glasgow; and Chair, Obesity Healthcare Goals Programme  
Questions and comments from the floor
- 12.55 **Chair's and Westminster Forum Projects closing remarks**  
Senior Parliamentarian  
**Jessica Lear**, Westminster Forum Projects