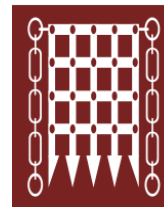


Westminster Food & Nutrition Forum and Westminster Health Forum conference:

Next steps for obesity policy, prevention and care in England

Timing: Morning, Friday, 11th July 2025

Taking Place Online



Draft agenda subject to change

- 8.30 Registration
- 9.00 **Chair's opening remarks**
Senior Parliamentary
- 9.05 **Tackling obesity in England - key developments and considerations for policy going forward**
Senior commentator
Questions and comments from the floor
- 9.30 **Assessing the direction of government policy and priorities for obesity prevention, coordination of care, and supporting weight management**
obesity and health inequalities, and the 10 year plan for the NHS / managing obesity and weight management in primary care, improving care pathways, and workforce education / increasing the use of data and technology for monitoring, remote consultation, and management / priorities for research, innovation, and investment / strategic options for industry and private sector support / key considerations for commercial diet programmes / assessing the role of weight loss injections, the future for treatment, and issues for regulation, delivery, clinical practice and accessibility
Dr Ellen Fallows, Vice President, British Society of Lifestyle Medicine; and GP, NHS England
Adam Bradshaw, Senior Policy Advisor, Policy and Politics, Tony Blair Institute for Global Change
Sarah Le Brocq, Founder and Director, All About Obesity
Senior representative, weight management
Senior representative, pharmaceutical industry
Questions and comments from the floor
- 10.20 **Evaluating approaches to reducing obesity, implications for policy development, and recommendations for implementation**
Lauren Bowes Byatt, Deputy Mission Director, Healthy Life Mission, NESTA
Questions and comments from the floor
- 10.45 **Chair's closing remarks**
Senior Parliamentary
- 10.50 Break
- 11.00 **Chair's opening remarks**
Senior Parliamentary
- 11.05 **Latest thinking on processed foods and health outcomes, and the future for research and the evidence base**
Senior academic
Questions and comments from the floor
- 11.30 **Key considerations for improving the food environment and learning from international approaches**
Dr Elisa Pineda, Research Associate, Imperial College London
- 11.40 **The way forward for tackling obesity as part of wider food system change - stakeholder priorities, roles, and responsibilities**
priorities for the new National Food Strategy / strategies for creating a healthier food environment / key considerations for implementing advertising restrictions on HFSS foods / assessing regulation and reporting options / the future scope of the soft drinks industry levy / supporting consumer behaviour change and strategies to tackle food poverty / improving accessibility of healthier foods / assessing incentives to expand reformulation products / strategies to improve public information, including food labelling
Lauren Woodley, Head, Nutrition and Sensory Science, Nomad Foods
Dominic Watkins, Head, Consumer Sector and Partner, DWF
Senior representative, retail
Senior representative, public health
Senior representative, advocacy
- 12.05 Questions and comments from the floor
- 12.30 **Next steps for improving long-term health outcomes for obesity, and opportunities for innovation and prevention**
Professor Naveed Sattar, Chair, Obesity Healthcare Goals Programme, Department of Health and Social Care; and Professor, Metabolic Medicine, University of Glasgow
Questions and comments from the floor
- 12.55 **Chair's and Westminster Food & Nutrition Forum closing remarks**
Senior Parliamentary
Jessica Lear, Westminster Food & Nutrition Forum