

Westminster Employment Forum Keynote Seminar

Mental health and wellbeing in the workplace

Timing: Morning, Monday 19th September 2022

Taking Place Online



WESTMINSTER
EMPLOYMENT
FORUM

Draft agenda subject to change

- 8.30 Registration
- 9.00 **Chair's opening remarks**
Senior Parliamentarian
- 9.05 **Mental health and wellbeing at work - evidence, key issues and priorities going forward**
Senior commentator
- 9.15 **Developing strategies for improving mental health and wellbeing in the workplace**
Peter Kelly, Senior Psychologist, Health and Safety Executive
- 9.25 Questions and comments from the floor
- 9.45 **Workplace mental health provision - tackling stress and burnout at all levels, reducing stigma, encouraging open conversations, and employee rights and the role of leadership in creating healthy working conditions**
Dr Ashley Weinberg, Chartered Occupational Psychologist; and Senior Lecturer in Psychology, University of Salford
Professor Kevin Daniels, Professor of Organisational Behaviour, Workplace Wellbeing Research Team, University of East Anglia
Emma Mamo, Head of Workplace Wellbeing, Mind
Senior representative, employer
Senior representative, trade union
Questions and comments from the floor
- 10.35 Break
- 10.45 **Women's mental health and wellbeing - providing whole life support for reproductive health, assistance and flexibility with outside-work pressures and commitments, and implementing specific women's health strategies**
Professor Jo Brewis, Professor of People and Organisations, The Faculty of Business and Law, The Open University
Dr Clea Harmer, Chief Executive, Sands
Helen Hughes, Legal Director, Shakespeare Martineau
Questions and comments from the floor
- 11.20 **Chair's closing remarks**
Senior Parliamentarian
- 11.25 Break
- 11.35 **Chair's opening remarks**
Senior Parliamentarian
- 11.40 **Implementation of workplace mental health provision, best practice, and the impact of employee benefits and care on positive mental health and productivity**
Senior representative, employer
- 11.50 **Flexible working and mental health - support for employees working from home, tackling isolation, person-centred strategies, and setting optimal home-workplace balances for individuals and organisations**
David Roomes, Chief Medical Officer, Rolls-Royce
Henry Majed, Co-Founder and CEO, MyMynd; and Visiting Fellow, Said Business School, University of Oxford
Peter Cheese, CEO, Chartered Institute of Personnel and Development
Senior representative, charity
- 12.10 Questions and comments from the floor
- 12.30 Break
- 12.35 **Policy priorities for mental health and wellbeing in the workplace**
Senior representative, policy
Questions and comments from the floor
- 12.55 **Chair's and Westminster Employment Forum closing remarks**
Senior Parliamentarian
Sean Cudmore, Deputy Editor, Westminster Employment Forum