

Westminster Food & Nutrition Forum Keynote Seminar: Obesity - time for a new approach?

Timing: Morning, Tuesday, 8th February 2011

Venue: Sixty One Whitehall, London SW1A 2ET



WESTMINSTER
FOOD & NUTRITION
FORUM

Agenda subject to change

- 8.45 - 9.00 Registration
- 9.00 - 9.05 **Chairman's opening remarks**
Cllr Dr Doug Naysmith, former MP and former member, Health Select Committee
- 9.05 - 9.20 **Obesity - setting the context**
What are the latest figures on obesity prevalence among children and adults in the UK? Are levels of obesity among children and adults decreasing or increasing? How do levels of obesity in the UK compare to levels of obesity internationally?
Dr Harry Rutter, Director, National Obesity Observatory
- 9.20 - 9.35 **Meeting the public health challenge of obesity**
Developing strategies to prevent obesity. How might the drive towards localism affect the delivery of obesity policy, and how can local strategies be used to meet national objectives? Does the current economic climate present challenges for the development of obesity policy?
Professor Alan Maryon-Davis, Honorary Professor of Public Health, King's College London
- 9.35 - 9.50 Questions and comments from the floor
- 9.50 - 10.40 **Developing evidence-based obesity policy: what role for personal responsibility?**
What does the drive for 'evidence-based' policy-making mean for obesity prevention? Considering the evidence, to what extent can obesity be explained by personal over-indulgence, and to what extent is the typical modern lifestyle and environment responsible? How should the causes of obesity be used to inform policy? What would 'evidence-based' obesity policy look like? How do different approaches to preventing obesity compare in terms of cost and value for money? How should they be evaluated? Following the announcement that the Government will scale back funding of the Change4Life scheme, what changes will be seen? What potential is there to extend the scope of the Change4Life scheme, and also to engage a wider range of partners in the scheme? How should private partners be involved in delivering Change4Life?
Paul Lincoln, Chief Executive, National Heart Forum
Dr Michelle Harrison, Chief Executive Officer, TNS-BMRB
Dr Geof Rayner, Visiting Research Fellow, City University London
Christine Haigh, Co-ordinator, Children's Food Campaign
Melanie Leech, Director General, Food and Drink Federation
Questions and comments from the floor
- 10.40 - 10.45 **Chairman's closing remarks**
Cllr Dr Doug Naysmith, former MP and former member, Health Select Committee
- 10.45 - 11.10 Coffee
- 11.10 - 11.15 **Chairman's opening remarks**
Cllr Dr Doug Naysmith, former MP and former member, Health Select Committee
- 11.15 - 11.35 **Commissioning weight management services**
What will be the impact of the Government's White Paper 'Healthy Lives, Healthy People' on the commissioning of obesity services? What can be done to ensure commissioners are appropriately informed to make decisions around the provision of obesity services, and how can the transition to greater local authority control best be managed? What kind of data should be used to decide the allocation of obesity care? How should inequalities in the commissioning of obesity care be addressed and outcomes improved?
Professor David Haslam, GP and Chair, National Obesity Forum
Questions and comments from the floor
- 11.35 - 12.25 **Engaging with business and the third sector on obesity prevention**
Widening participation in obesity prevention: how should business and the third sector be involved in obesity awareness and care? How might the drive to encourage employee- and community-led partnerships through the idea of a 'Big Society' affect the delivery of obesity services? What are the benefits of managing obesity and promoting healthy lifestyles in the community? How might spending cuts in local authorities affect community organisations? Apart from awareness-raising, are there any practical measures that could be improved in communities, such as improving access to sports facilities and alternative modes of transport?
Harry Macmillan, Chief Executive, MEND Central
Dr Dorian Dugmore, President and Founder, Wellness International at adidas UK and Consultant Advisor, Evolve Health
Professor Paul Gately, Carnegie Professor of Exercise & Obesity, Leeds Metropolitan University
Fred Turok, Chairman, Fitness Industry Association (FIA)
Questions and comments from the floor
- 12.25 - 12.55 **The view from Government**
What are the next steps for obesity policy? How will constraints on public spending affect the provision of obesity services and care?
Richard Cienfiala, Deputy Director, Obesity Programme, Department of Health
Questions and comments from the floor
- 12.55 - 13.00 **Chairman's closing remarks and Westminster Food & Nutrition Forum closing remarks**
Cllr Dr Doug Naysmith, former MP and former member, Health Select Committee
Michael Ryan, Senior Producer, Westminster Food & Nutrition Forum