

## Westminster Health Forum Keynote Seminar

### Improving mental health outcomes: integrating services, parity of esteem, and patient-centred care

Timing: Morning, Tuesday, 29<sup>th</sup> April 2014

Venue: Glaziers Hall, 9 Montague Close, London SE1 9DD



**WESTMINSTER  
HEALTH FORUM**

Agenda subject to change

- 8.30 - 9.00 Registration and coffee
- 9.00 - 9.05 **Chairman's opening remarks**  
**Lord Carlile of Berriew**, Member, All-Party Parliamentary Group on Suicide and Self Harm Prevention and Co-founder, Rekindle
- 9.05 - 9.40 **Next steps for mental health policy**  
**Dr Geraldine Strathdee**, National Clinical Director for Mental Health, NHS England  
Questions and comments from the floor
- 9.40 - 10.30 **Working together to improve services and delivering parity of esteem**  
*With NHS England's mandate calling for the delivery of parity of esteem between mental and physical health, what more can be done to tackle challenges – disconnects between professional groups and services, financial constraints, and stigma – and how can success be measured? How effectively are Health and Wellbeing Boards, Clinical Commissioning Groups and NHS England working together to improve outcomes, and what more can be done to prioritise mental health in commissioning decisions? What are the next steps for providing mental health liaison services in A&Es, hospitals and primary care, and what impact will moves towards further integration have on outcomes such as premature mortality? How can it be ensured that there is a suitable balance in provision between generalist and specialist mental health professionals, and what more can be done to develop a multi-disciplinary workforce to deliver integrated mental health care?*  
**Alan Loting**, Service Director Health and Wellbeing, Birmingham City Council  
**Professor Dame Sue Bailey**, President, Royal College of Psychiatrists  
**Michael Lilley**, Chief Executive, My Time and Innovation, Policy and Research Leader, Richmond Fellowship Group  
**Dr Sohrab Panday**, Mental Health Commissioner, NHS Cambridgeshire and Peterborough Clinical Commissioning Group  
Questions and comments from the floor
- 10.30 - 10.35 **Chairman's closing remarks**  
**Lord Carlile of Berriew**, Member, All-Party Parliamentary Group on Suicide and Self Harm Prevention and Co-founder, Rekindle
- 10.35 - 11.05 Coffee
- 11.05 - 11.10 **Chairman's opening remarks**  
**Lord Stone of Blackheath**, Member, All-Party Parliamentary Group on Primary Care and Public Health
- 11.10 - 11.30 **Tackling the economic and population challenges of providing mental health services**  
**Professor Dinesh Bhugra**, Professor of Mental Health and Cultural Diversity, Institute of Psychiatry, King's College London and Chair of Trustees, Mental Health Foundation  
Questions and comments from the floor
- 11.30 - 12.00 **Public mental health – raising awareness and reducing inequalities**  
**Gregor Henderson**, Director, Wellbeing and Mental Health, Health and Wellbeing Directorate, Public Health England  
Questions and comments from the floor
- 12.00 - 12.55 **Early intervention, access and personalisation**  
*With the Improving Access to Psychological Therapies (IAPT) programme struggling to meet targets, waiting times for counselling increasing, and a recent investigation finding that 1,711 mental health beds have been closed since April 2011, how can access to and availability of services be improved? Following the nationwide roll-out of personal budgets, what further opportunities are there to involve patients and families in the management of their care, including those from groups such as the elderly or BME communities? With NICE calling for teachers to be trained to detect emotional problems, what more can be done to prioritise early intervention? How can the challenges of improving children and young people's mental health services – such as ensuring early detection and managing the transition between children's and adults' care, be addressed? Is enough being done to promote social inclusion, and to counter stigma and discrimination that people with mental health problems face from society, including in the workplace?*  
**Dr Emma Stanton**, Chief Executive, Beacon UK and Psychiatrist, South London and Maudsley NHS Foundation Trust  
**Emily Fox**, Founder, The Albatross Connection and Member, Free Your Mind, West Sussex County Council  
**Professor Chris Hollis**, Director, MindTech Healthcare Technology Co-operative and Professor of Child and Adolescent Psychiatry, University of Nottingham  
**Dr Miranda Wolpert**, Director, Child and Adolescent Mental Health Services (CAMHS) Evidence Based Practice Unit (EBPU), University College London and Anna Freud Centre  
**Patrick Vernon**, Committee Member, Healthwatch England  
Questions and comments from the floor
- 12.55 - 13.00 **Chairman's and Westminster Health Forum closing remarks**  
**Lord Stone of Blackheath**, Member, All-Party Parliamentary Group on Primary Care and Public Health  
**Michael Ryan**, Deputy Editor, Westminster Health Forum