Westminster Education Forum Keynote Seminar: Children's mental health and wellbeing - integrating services, improving provision and the role of schools

Timing: Morning, Tuesday, 11th October 2016

Venue: Royal Aeronautical Society, No.4 Hamilton Place, London W1J 7BQ

Draft agenda subject to change

8.30 - 9.00 Registration and coffee 9.00 - 9.05 Chair's opening remarks

Professor Woody Caan, Professorial Fellow, Royal Society for Public Health and Editor, Journal of

Public Mental Health

9.05 - 9.25 <u>Improving children's mental health - the need for further action</u>

Professor Dame Sue Bailey, Chair, Children and Young Peoples' Mental Health Coalition and Chair, Academy of Medical

Royal Colleges

Questions and comments from the floor

9.25 - 9.55 Children and young people's mental health and wellbeing - the current state of play

Professor Stephen Scott, Chair, Association for Child and Adolescent Mental Health and Professor of Child Health and

Behaviour, King's College London

Sally McManus, Research Associate, Health, NatCen

Questions and comments from the floor

9.55 - 10.05 The mental health workforce - developing skills, training and experience

Dr Neil Ralph, National Programme Manager for Mental Health and Learning Disability, Health Education England

10.05 - 10.55 Integrating local children's mental health services - improving commissioning, provision and delivery

Following the recommendations of the Young People's Mental Health and Wellbeing Taskforce's 'Future in Mind' report, are sufficient steps being taken to better integrate mental health services provided by the NHS, schools, voluntary services and local authorities - how successful have Local Transformation Plans been in developing local collaboration? What initial lessons have been learnt from government's Mental Health Services and Schools Link Pilot programme; has it succeeded in improving joined-up working between schools and local CAMHS (Child and Adolescent Mental Health Services), and how might the programme be developed further? Given concerns that mental health commissioning arrangements are too complex, is there a need for greater collaboration between Clinical Commissioning Groups (CCGs), local authorities and other partners, and how might such a system work in practice? What more can be done to improve mental health provision for the most vulnerable groups of children, including those under the care of a local authority?

Sarah Hannafin, Policy Advisor, National Association of Headteachers

Stephen Buckerfield, Head of Children's Joint Commissioning, North West London Collaboration of Clinical

Commissioning Groups

Dr Meenal Sohani, Consultant Child and Adolescent Psychiatrist, Child & Adolescent Mental Health Services (CAMHS),

West London Mental Health Trust

Kadra Abdinasir, Policy Officer, The Children's Society

Questions and comments from the floor with Dr Neil Ralph, Programme Manager for Mental Health and Learning

Disability, Health Education England

10.55 - 11.15 <u>Children's Commissioner's Mental Health Lightning Review - key findings</u>

Rachel Butterfill, Policy Analyst, Office of the Children's Commissioner

Questions and comments from the floor

11.15 - 11.20 Chair's closing remarks

Professor Woody Caan, Professorial Fellow, Royal Society for Public Health and Editor, Journal of

Public Mental Health

11.20 - 11.45 Coffee

11.45 - 11.50 Chair's opening remarks

Baroness Brinton

11.50 - 12.20 The role of schools in creating an inclusive environment for LGBT children

Terry Reed, Trustee, Gender Identity Research and Education Society

Tony Fenwick, Chief Executive Officer, Schools OUT

Questions and comments from the floor

12.20 - 12.30 Case study: piloting 'Heads of Wellbeing' in schools

Dr Davina Deniszczyc, Medical Executive Director, Nuffield Health

12.30 - 13.10 Mental health provision in schools - improving staff training, the role of the curriculum

and securing parental engagement

With one in ten children requiring support or treatment for mental health problems, what more can schools do to address issues that might arise in the school environment, such as bullying, anxiety and low self-esteem, and to tackle root causes earlier on? What should be the role of school staff, including school nurses and teachers, in supporting students and families affected by mental health problems - is adequate specialist training on offer to staff to ensure that they are able to effectively identify and report issues that might occur? What has been the initial impact of new mental health guidance and lesson plans for schools; have they succeeded in their aim of improving teachers' understanding and knowledge of mental health, and what further measures might be considered? What lessons can be learnt from different models of mental health and wellbeing provision in schools, such as peer-to-peer support, inschool counselling and 'whole-school' approaches (involving teaching staff, pupils, parents and the wider school community), and from international examples of best practice?

Catherine Roche, Chief Executive, Place2Be

Dr Bernard Trafford, Headmaster, Royal Grammar School, Newcastle upon Tyne

Hannah Kinsey, Training and Consultancy Manager, YoungMinds

Dr Peter Hindley, Chair, Faculty of Child and Adolescent Psychiatry, Royal College of Psychiatrists

Questions and comments from the floor with Dr Davina Deniszczyc, Medical Executive Director, Nuffield Health

13.10 - 13.15 Chair's and Westminster Education Forum closing remarks

Baroness Brinton

Sean Cudmore, Deputy Editor, Westminster Education Forum

