

Policy Forum for Wales Keynote Seminar: Next steps for mental health services in Wales - improving quality, access and delivery, and priorities for young people's care

Timing: Morning, Friday, 9th November 2018

Venue: Jurys Inn Cardiff, 1 Park Place, Cardiff CF10 3DN



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Agenda subject to change

- 8.30 - 9.00 Registration and coffee
- 9.00 - 9.05 **Chair's opening remarks**
Vikki Howells AM, Member, Cross-Party Group on Children and Young People
- 9.05 - 9.30 **Priorities for mental health policy in Wales**
Dr Dai Lloyd AM, Chair, Health, Social Care and Sport Committee
Questions and comments from the floor
- 9.30 - 9.40 **Tackling the challenges for children's mental health - specialist CAMHS in schools, involving staff and cross-department collaboration**
Dr Dave Williams, Chair, Children in Wales and Member, Together for Children and Young People Programme Board, NHS Wales
- 9.40 - 9.55 **The place of young people in the overall strategy for mental health**
Lynne Neagle AM, Chair, Children, Young People and Education Committee
- 9.55 - 10.50 **Creating resilience and providing support through CAMHS: identifying needs, early intervention and follow-up care**
How can it be ensured that provision of care, in line with the aims of Together for Mental Health, takes account of the needs of children and adolescents - including students - in giving them the best possible life chances, improving resilience and supporting faster recovery? What can be learnt from the pilot school schemes to put specialist CAMHS in schools, and how might this be widened to the rest of Wales? What is the latest thinking on how the focus of care should be balanced between creating resilience and providing support? What is needed to embed a culture to tackle mental health and foster long term solutions and prevent reoccurrence, and is policy development and implementation on target to deliver changes needed in CAMHS?
Rosemarie Whittle, Head, Operations and Delivery, Community Child Health Directorate, Cardiff and Vale University Health Board
Councillor Geraint Hopkins, Cabinet Member, Adult and Children's Community Services, Rhondda Cynon Taf County Borough Council
Glynis Evans, Team Manager, Social Services and Wellbeing, Bridgend County Borough Council
Osian Griffith, Assistant Headteacher, Ysgol Gyfun Cwm Rhondda, Rhondda Cynon Taf
Questions and comments from the floor with **Dr Dave Williams**, Chair, Children in Wales and Member, Together for Children and Young People Programme Board, NHS Wales and
Lynne Neagle AM, Chair, Children, Young People and Education Committee
- 10.50 - 10.55 **Chair's closing remarks**
Vikki Howells AM, Member, Cross-Party Group on Children and Young People
- 10.55 - 11.20 Coffee
- 11.20 - 11.25 **Chair's opening remarks**
David Melding AM, Vice-Chair, Cross-Party Group on Children and Young People; Chair, Cross-Party Group on Looked After Children and Chair, Ministerial Advisory Group on Improving Outcomes for Children
- 11.25 - 11.35 **Implementing effective transition services: creating a system with no gaps**
Professor Ann John, Professor of Public Health and Psychiatry, Swansea University and Chair, National Advisory Group to Welsh Government on Suicide and Self Harm Prevention
- 11.35 - 12.30 **Improving access and delivery of mental health services: reducing stigma, raising awareness and funding**
What should be the next steps for ensuring that services can be accessed as close to home as possible? What part does reducing stigma and raising awareness play in improving access and where should responsibilities for improvement lie? Where is funding in this area most needed and how can it be used most effectively? What are the early indications from the Welsh Government's pilot initiative into funding social prescribing and community based care, including on the quality of care; what can be learnt for future rollout and how might issues of regional variation be addressed? What are the views of stakeholders on the Welsh Government's response to the Health Social Care and Sport Committee's report into loneliness, and isolation, including the plans for a cross-government strategy and the commissioning of work to assess the impact on health, wellbeing and public services? What should be the next steps to tackle loneliness especially amongst the older population, and how should services to tackle this issue be provided? What further steps can be taken to build and act on the findings of the Health Social Care and Sport Committee's Inquiry into Suicide Prevention and how can Wales provide proactive care, taking into account - and reducing the impact of - factors that feed into suicide and self-harm?
Councillor David Hughes, Cabinet Member, Social Services, Merthyr Tydfil County Borough Council
Jenny Burns, Public Health Programme Lead, Wales, Mental Health Foundation
Dr Elanor Maybury, Consultant Clinical Psychologist, Cwm Taf University Health Board and Action for Children
Mark Smith, Outpatient and Founder, The 66 99 Project
Questions and comments from the floor with **Professor Ann John**, Professor of Public Health and Psychiatry, Swansea University and Chair, National Advisory Group to Welsh Government on Suicide and Self Harm Prevention
- 12.30 - 12.55 **Ensuring mental health services provide high quality care**
John Powell, Clinical Advisor for Mental Health, Healthcare Inspectorate Wales
Questions and comments from the floor
- 12.55 - 13.00 **Chair's and Policy Forum for Wales closing remarks**
David Melding AM, Vice-Chair, Cross-Party Group on Children and Young People; Chair, Cross-Party Group on Looked After Children and Chair, Ministerial Advisory Group on Improving Outcomes for Children
Roger Greer, Associate Producer, Policy Forum for Wales