Agenda subject to change



- 8.30 9.00 Registration and coffee
- 9.00 9.05 Chair's opening remarks Anna Mckie, Reporter, Research Fortnight
- 9.05 9.35 Mental health at university the current state of provision and the next steps for developing a whole university approach to mental health support Professor Steve West, Vice-Chancellor, President and Chief Executive Officer, University of the West of England and Chair, Universities UK Mental Health in Higher Education Working Group Questions and comments from the floor
- 9.35 10.30 Changing trends in campus mental health improving sensitivity, addressing stigma and establishing a duty of care With increasing demand for services and growing policy focus on mental health provision, what should be the priorities for HEIs in developing the culture to support a whole-institution approach? With the need for sensitivity surrounding reporting and establishing a clear duty of care for students being cited as priorities, what are the chief challenges for organisations - particularly in the context of their varying scale and levels of experience in these matters - and how can they be tackled? How should HEIs and other agencies approach developing better collaboration on prevention and treatment, and where should divisions of responsibility lie? Izzy Lenga, Vice President (Welfare), NUS Rachel King, 8S Programme Lead, Lothian Mental Health and Well-Being Team, NHS Lothian Alan Percy, Head of Counselling, University of Oxford and Chair, Heads of University Counselling Services (HUCS) Géraldine Dufour, Head of Counselling, University of Cambridge and Chair, BACP Universities and Colleges Rachel Piper, Policy Manager, Student Minds Questions and comments from the floor
- 10.30 10.55 Addressing complaints in student mental health strategies for meeting increased demand for services Anne Lee, Adjudication Manager, Office of the Independent Adjudicator for Higher Education Questions and comments from the floor
- 10.55 11.00 Chair's closing remarks Anna Mckie, Reporter, Research Fortnight
- 11.00 11.30 Coffee
- 11.30 11.35 Chair's opening remarks Dominic Kingaby, Student Experience Team Leader, Department for Education
- 11.35 12.05'What universities can do to help with improving the public's mental health'
Gregor Henderson, National Lead for Wellbeing and Mental Health, Public Health England
Questions and comments from the floor

12.05 - 12.55 Treating mental health issues on campus - embedding wellbeing in curricula, using data and best practice

What are the most promising strategies for embedding mental wellbeing into curricula, teaching and assessment, and how can the organisational and cultural challenges for HEIs be tackled? What are the potential implications of increasing focus on mental wellbeing in terms of teaching excellence and the outcomes for students, university staff and their institutions? What is needed to introduce and gather baseline data to establish the successes and failures of current models of intervention? What are the priorities for equipping staff to recognise and distinguish between different clinical and stress-based conditions? What do HEIs and their students most need from the future development of policy?
Professor Jo Smith, Professor of Clinical Psychology and Suicide Safer Project Lead, University of Worcester

Dr Joan O'Mahony, Academic Lead, Retention, Higher Education Academy Kathleen Heycock, Partner, Farrer & Co Daphne Metland, Director, UniHealth Questions and comments from the floor

12.55 - 13.00 Chair's and Westminster Higher Education Forum closing remarks Dominic Kingaby, Student Experience Team Leader, Department for Education Marc Gammon, Associate Editor, Westminster Higher Education Forum